

Quilt pattern written by Paige Lisowski

| COLOR | FABRIC | CUTTING |
| :---: | :---: | :---: |
| Fabric 1 | $1 / 2$ yard | $16-51 / 2^{\prime \prime}$ square |
| Fabric 2 | $7 / 4$ yard | $24-33 / 8^{\prime \prime}$ square |
| Fabrics $3 \& 4$ | $1 / 4$ yard | $20-33 / 8^{\prime \prime}$ square |
| Background | $71 / 2$ yards | $16-61 / 4^{\prime \prime}$ square <br> $128-3^{\prime \prime}$ square |
| Binding | $1 / 2$ yard | $5-2.5^{\prime \prime} \times$ WOF |
| Backing | $11 / 2$ yards | $1-50^{\prime \prime} \times$ WOF |

Table 1: Block Quantities


Fig. 1: Square in a Square


## PIECING INSTRUCTIONS CONT'D

5. On the wrong side of all $33 / 8^{\prime \prime}$ colored squares of fabrics 2, 3, and 4, draw a diagonal line from one corner to the opposite corner.
6. For each background $61 / 4$ " square, align two colored squares of the same fabric, right sides together, with the corners of the background square so the drawn lines match up in the center according to Fig. 2a. Pin in place. Repeat for all $76-61 / 4$ " squares, until you have the quantity of paired background and colored blocks according to Table 1. Set all other colored squares aside.
7. Using the drawn line as a guide, sew $1 / 4$ " away from the line according to Fig. 2b. Repeat on the opposite side of the line. Repeat for all 61/4" background squares.
8. With a rotary cutter and ruler, cut directly on the drawn line to seperate all squares into two units.
Fig 2c.
9. Iron the colored triangles open, pressing the seam toward the colored block. Repeat for all units being careful not to stretch the colored fabric. Fig 2d.
10. Pair the remaining colored $33 / 8$ " squares with a triangle unit that contains the same fabric. Align the remaining colored square with the corner of the background fabric, right sides together, so the drawn line is set according to Fig. 3a. Pin in place. Repeat for all units.
11. Using the drawn line as a guide, sew $1 / 4$ " away from the guideline. Repeat for all units.
12. Sew on the opposite side of the drawn line so the units are sewn according to Fig 3b. Repeat for all units.
13. With a rotary cutter and ruler, cut directly on the drawn line to seperate all units in two. Fig 3c.
14. Iron the colored triangles open, pressing the seam toward the colored block and trim dog ears. Repeat for all units to complete the flying geese units.
Fig 3d. Trim away dogears.

Fig. 2: Fast Flying Geese Part 1


Fig. 3: Fast Flying Geese Part 2


## ASSEMBLY INSTRUCTIONS

## Block Assembly

1. Pair the following units together:

4 - flying geese units of the same fabric color
4-3" background squares
1 - Square in a Square unit with fabric 1
2. Layout the blocks according to Fig 4a and 4b, sewing units together in rows and then combining rows to complete all 16 blocks according to quanities in Table 1.
3. Press rows in opposite directions to allow seam nesting.

## Quilt Top Assembly

4. Layout all 16 blocks according to Fig 5.
5. Combine blocks into rows taking care not to cut off points of the blocks in the seams.

6 Combine rows together to complete the quilt top.

## FINISHING THE QUILT

1. Baste and quilt using preferred methods. Trim excess batting from edges.
2. Sew binding strips together using diagonal seam to create a single long strip.
3. Press in half length-wise so wrong sides are together.
4. Align raw edge of binding with raw edge of quilt and sew to attach binding strip to quilt.
5. Fold binding to opposite side of quilt and either machine bind or hand-stitch to finish

Fig. 4: Block Assembly

a.

b.


Fig. 5: Quilt Top Layout


## Indepth Tutorial: For indepth tutorials on

 different ways to complete the basting, quilting, and binding steps of the quilt, head to the blog posts here.